

READING HEALTH AND WELLBEING BOARD

DATE OF MEETING:	15 March 2019	AGENDA ITEM:	11
REPORT TITLE:	Future in Mind Update (Local Transformation Plan for Children and Young People's Mental Health and Wellbeing)		
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ORGANISATION:	NHS Berkshire West CCG Brighter Futures for Children		

1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY

1.1 To provide an overview of the refreshed Future in Mind Local Transformation Plan (LTP) which was published in October 2018 in accordance with national Future In Mind requirements. The LTP provides an update on service development and improvement across the comprehensive Child and Adolescent Mental Health Service (CAMHS) system. The full LTP is 111 pages long and can be found here <https://www.berkshirewestccg.nhs.uk/media/2516/berkshire-west-future-in-mind-ltp-refresh-oct2018.pdf>

A summary version of the full report has been provided. Our LTP has been assured by NHS England.

A young person friendly version has been co-produced with service users and has also been published.

A wide range of initiatives across the system are underway to improve emotional health and wellbeing of children and young people. Initiatives reflect the THRIVE model. Like most other areas of the country, demand for emotional health and wellbeing services have increased and the complexity of presenting issues is increasing. The increase in demand and complexity is being seen across voluntary sector, schools and specialist services. This is having an impact on waiting times.

The Board is reminded that a highlight update report was presented to the January 2018 Health and Wellbeing Board.

1.2 Appendices-

Summary of the Berkshire West Local Transformation Plan

Summary of the Berkshire West Local Transformation Plan- young person friendly version

2. RECOMMENDED ACTION

- 2.1 The Board is asked to approve the refreshed Local Transformation Plan. The Local Transformation Plan has already been approved by NHS England.

3. POLICY CONTEXT

- 3.1 The report of the government's Children and Young People's Mental Health Taskforce, "Future in Mind - promoting, protecting and improving our children and young people's mental health and wellbeing", was launched on 17 March 2015 by Norman Lamb MP, the then Minister for Care and Support. It provides a broad set of recommendations across comprehensive CAMHS that, if implemented, would promote positive mental health and wellbeing for children and young people by facilitating a greater access and standards for CAMHs by greater system co-ordination and a significant improvement in meeting the mental health needs of children and young people from vulnerable backgrounds.
- 3.2 With the requirement for system wide transformation by 2020, all CCGs were tasked with creating a Local Transformation Plans and refreshing them annually.

4. THE PROPOSAL

- 4.1 The document in Appendix 1 provides a brief summary of the full plan. The full document builds on the 2017 plan and provides an update through a THRIVE lens of
- What we have achieved so far
 - Our commitment to undertake the further work that is required
 - Local need and trends
 - Resources required

The full document is also available on the CCG website

<https://www.berkshirewestccg.nhs.uk/media/2516/berkshire-west-future-in-mind-ltp-refresh-oct2018.pdf>

5. CONTRIBUTION TO READING'S HEALTH AND WELLBEING STRATEGIC AIMS

- 5.1 The purpose of this section is to ensure that proposals contained in reports are in line with the overall direction of the Reading Health and Wellbeing Strategy by contributing to at least one of the Strategy's eight priorities:
1. Supporting people to make healthy lifestyle choices (with a focus on tooth decay, obesity, physical activity and smoking)
 2. Reducing loneliness and social isolation
 3. **Promoting positive mental health and wellbeing in children and young people**
 4. Reducing deaths by suicide
 5. Reducing the amount of alcohol people drink to safe levels
 6. Making Reading a place where people can live well with dementia
 7. Increasing breast and bowel screening and prevention services
 8. Reducing the number of people with tuberculosis
- 5.2 The paper contributes to the Reading Health and Wellbeing Strategy priority 3 of Promoting positive mental health and wellbeing in children and young people
- 5.3 The proposal recognises that plans in support of Reading's 2017-20 Health and Wellbeing Strategy should be built on three foundations - safeguarding vulnerable adults and children, recognising and supporting all carers, and high quality co-ordinated information to support wellbeing. The proposal specifically addresses these in the following ways:

- Safeguarding children and young people.
- Providing high quality co-ordinated information to support wellbeing

6. COMMUNITY & STAKEHOLDER ENGAGEMENT

6.1 Berkshire West CCGs, with support from all 3 Local Authorities holds a joint meeting once a month to oversee and support the implementation of the Local Transformation Plan. This meeting is called the 'Berkshire West Future in Mind' group and includes a broad representation of providers of services e.g. Berkshire Healthcare Foundation Trust (BHFT), voluntary sector partners, Royal Berkshire Hospital Foundation Trust (RBH), parent carer representative, Schools, Healthwatch and the University of Reading.

6.2 Service users have contributed to and reviewed the refreshed Local Transformation Plan and co-produced the Young Person friendly version.

6.3 Reading's Therapeutic Thinking Approach, trauma informed work, SEND Strategy, the Early Intervention Strategy and the Education Strategy are all linked to this work and all areas have had community and stakeholder engagement.

7. EQUALITY IMPACT ASSESSMENT

7.1 *Not applicable*

8. LEGAL IMPLICATIONS

8.1 Not applicable

9. FINANCIAL IMPLICATIONS

9.1 *Not applicable*

10. BACKGROUND PAPERS

10.1 The full document is also available on the CCG website

<https://www.berkshirewestccg.nhs.uk/media/2516/berkshire-west-future-in-mind-ltp-refresh-oct2018.pdf>